



make

love.



not

stop with

war.



puppy



play with me!



Abortion
is not legal in TX.
South Texas for
reproductive justice
complies w
law.

STBJ
began
clinic

escorting in 2014.

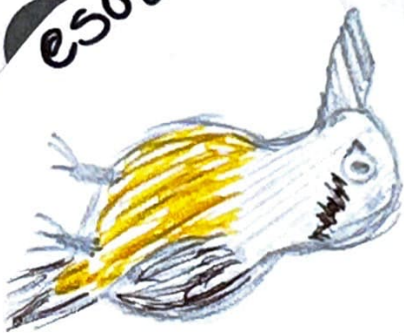
In 2021, we started

shipping free emergency
contraception to the

PGV.

Today, we serve
over 32 counties.

esotx4r;



I'm a kistadee!

We exercise
our 1st amendment
right to
distribute
factual
information.
to

ARANSAS
ATASCOSA
BEE
BROOKS
CALHOUN
CAMERON
DIMIT
DUVAL
FRIO
GOLIAD
HIDALGO
JIM HOGG

JIM WELLS
KARNES
KENEDY
KINNEY
KLEBERG
LA SALLE
LIVE OAK
MAVERICK
MCMULLEN
MEDINA
NUECES
REFUGIO

SAN PATRICIO
STARR
VICTORIA
UVALDE
WEBB
WILLACY
ZAPATA
ZAVALA



THE U [a] R

ON OUR BODIES

There are no exceptions for rape or incest. While there are narrow exceptions for "life-threatening," the lack of a clear definition has caused dangerous delays, denials of care, & even preventable death.

Doctors who violate the ban can lose their license, face felony charges, up to 99 years in prison & a \$100,000 fine.

SB8 allows any citizen to sue anyone they suspect of helping someone access an abortion.

INFORMATION
SAVES
LIVES



Consent

An agreement

between partici-

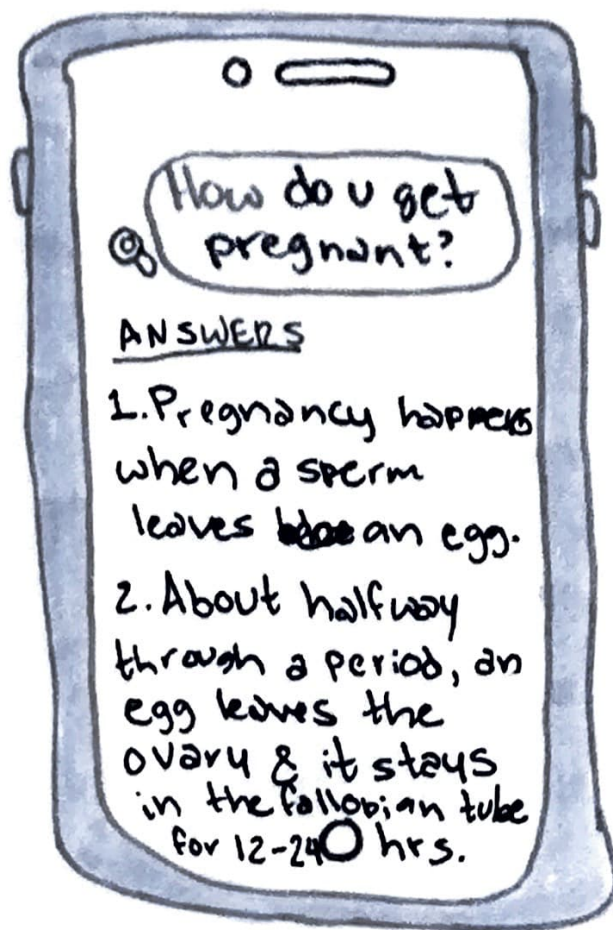
pants to engage in sexual activity.

Consent should be clearly & freely communicated.

A verbal & affirmative expression of consent can help you & your partner(s).

Consent cannot be given by individuals who are underage, intoxicated, or incapacitated by drugs, alcohol or asleep or unconscious.

Can be revoked at any time!



So those
12-24 hrs
are called

OVULATION



If there is semen
in the vagina, sperm
cells can swim &
& fertilize the



for

Fertilization
does NOT happen
right away.

Sperm can stay
in the uterus &
fallopian tubes
days after sex.

The egg travels down into the uterus to implant.



IMPLANTATION usually happens within 6 days after fertilization, & it takes about 3-4 days to completely implant.



Does that mean my eggs travel more than I do?

TRUE OR
FALSE.

Can trans men
get pregnant?



Trans men can still preg, even if on testosterone & don't experience periods.
UNLESS they've had surgery to remove their uterus and/or ovaries.

Consider using condoms, getting an IUD/implant/shot or progestin-only birth control to avoid pregnancy.



And for trans women,

as possible. Trans women can make it harder to
consider using birth control. Sperm & ejaculate
is/are not yours. It's not yours.



© Studio Ghibli



How does oral emergency
contraception (EC) work?

EC works to
PREVENT pregnancy
by preventing or
delaying ovulation.

If
an egg



has
already been
released, taking
oral EC will NOT
prevent pregnancy.



Does EC
work 4 ALL
weights?

EC with levonorgestrel
(like Plan B)
(like One Step)
(like Take Action)
(like My Way)

will not be as effective if
you are over 165 pounds.



So then?

Well Ella is a
better option
if you weigh more

than 165 pounds but
less than 195 pounds, but
it's not available over the
counter. It's also less effective
if you're over 195 pounds.



Regardless
of your weight
tho, you CAN
take whatever

EC pill is accessible
to you if you cannot find a better option.

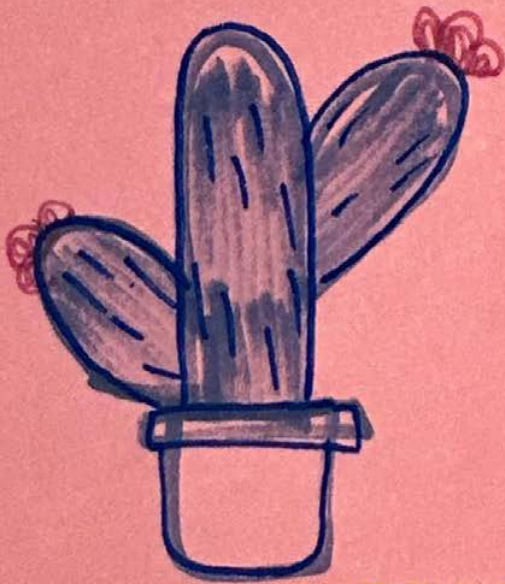


How does
implant EC
work? Well the
copper IUD prevents
fertilization by causing
a chemical change in
sperm & egg b4
they meet.



An IUD can also work as EC
regardless of weight if inserted
within **120** hours or 5
days after

having unprotected
sex. But an IUD
has to be inserted
by a medical
provider.



Does EC
hurt fertility in the future?

NO

EC does NOT
harm future
fertility. A person
can get pregnant
as soon as they
ovulate again
after taking EC.

NO

no

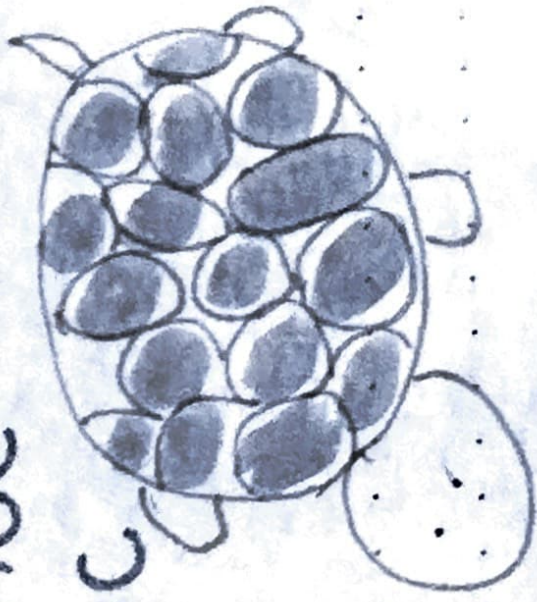
Does EC cause
an abortion?

NO! Any form
of EC cannot stop
or hurt an existing
pregnancy.



Emergency Contraceptives do NOT induce
an abortion.

Q: Can you continue
to take regular BC
after taking Plan
B?



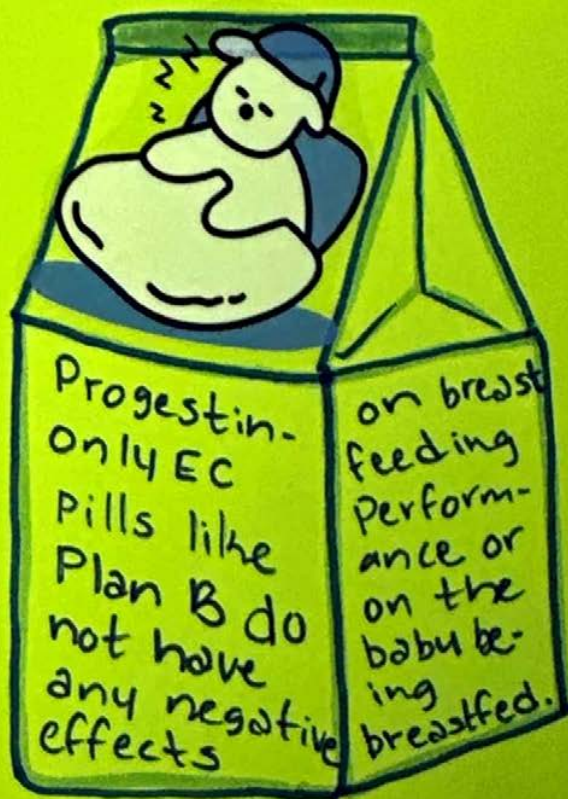
YES

Plan B does not
impact effectiveness
of any regular bc
methods.

According to Plan
B's website,



Can I still
breastfeed &
take EC?



But there have been
random reports of less milk
production after taking Plan B.





Is there a max of how many EC pills I can take?



EC is not a replacement 4 bc & should not be treated as such.

NEKOHARA
STATIONERY

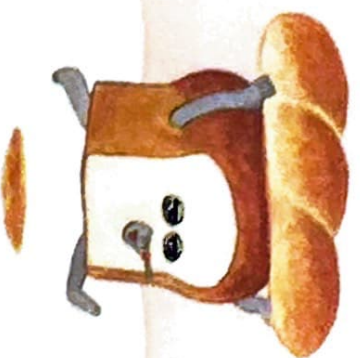
©arisa shimoda

But it won't become less

effective the more you take it.

EC works the same no matter what.





If u vomit after taking

EC, u should contact ur



healthcare provider.

We know that can be
a challenge but it's best :-)



If I take EC &
then have unprotected
sex, am I covered?



EC does not stay in
the body long enough
for that second time. It
is recommended to NOT
have unprotected sex right
after taking EC if you don't
want to become
pregnant.



Common pregnancy symptoms:



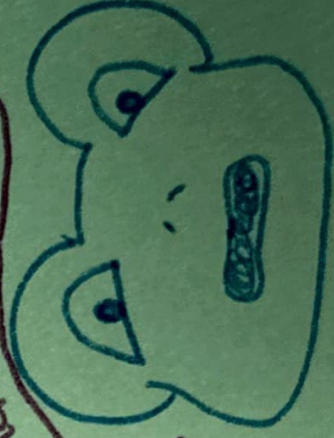
- Missed period
- Swollen / tender breasts
- Nausea and/or vomiting
- Feeling tired & bloated
- Constipation
- Peeing more than usual



How do you figure how far along in pregnancy someone is?

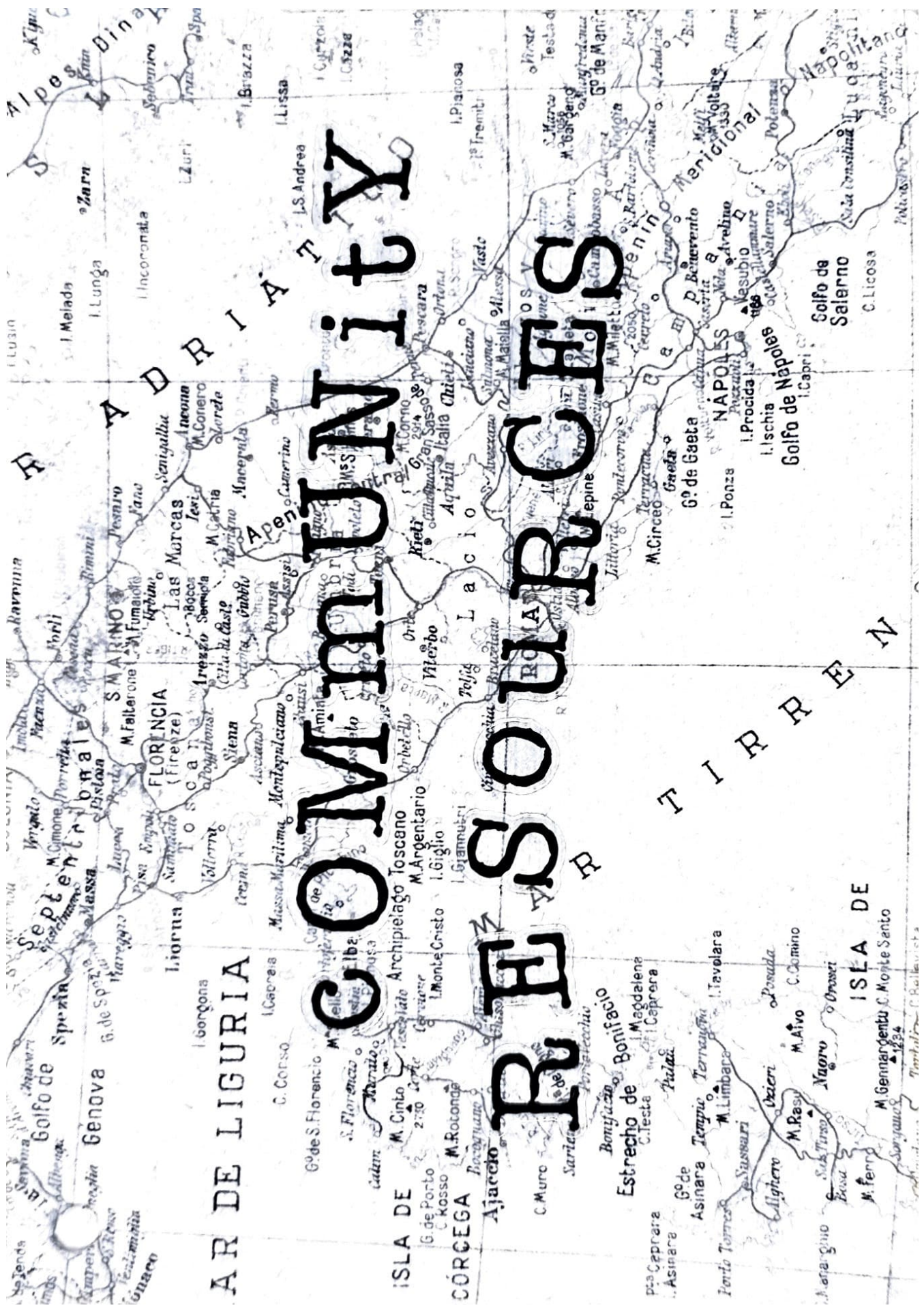
Start counting from the 1st day of your **last period**. It can be confusing bc ~~you~~ doctors measure pregnancy from your last period, about 3-4 weeks b4 you're actually pregnant.

you don't get regular periods, you can also use gestational age



It's a little confusing. 3

Starts at 4 weeks! 5 weeks! 6 weeks! 7 weeks!



COMMITTY SOUBRES

AR DE LIGURIA

ISLA DE

CÓRCEGA

Ajaccio

Bonifacio

Estrecho de

C. Testa

Capriata

Asinara

Porto Torres

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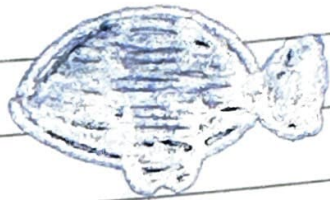
Porto Torres

Asinara

I Need an A.com: All-in-one guide to finding ur nearest location for an abortion clinic, financial support, & abortion pills by mail.



• **Aid Access**



org: Order abortion pills by mail online

• **MA Hotline.org**: Free hotline run by doctors for anyone seeking info or support for their abortion or miscarriage
Phone #: 1-833-246-2632



• **Frontera Fund**: Financial & practical support 4 people seeking abortion care in the RGV & TX Border



Can't forget about
our friends at Jane's
Due Process who
can offer abortion
funding & practical
support for TX teens



FUCK HB

7

HB 7 is ^abullshit bounty
law that pays people to sue any-
one who helps a Texan get abortion
Pregnant Texans themselves
but this law puts doctors, abortion medication.
family/friends at risk. CAN NOT be sued
isolate & scare us - even They want to
out of TX. But we will scare people from
WE WILL NOT BE ISOLATED OR
INTIMIDATED. NOT BACK DOWN.

SEGURIDAD DIGITAL PARA LA PRIVACIDAD DE ABORTO Y EMBARAZO

EL FONDO DE DEFENSA DIGITAL X HAZEL

¿QUIERES EVITAR PUBLICIDADES
RELACIONADAS A TU
EMBARAZO/ABORTO?



USA DUCKDUCKGO EN VEZ DE
HACER UNA BÚSQUEDA EN GOOGLE

APAGA LA DISTRIBUCIÓN
DE UBICACIÓN EN TUS
DISPOSITIVOS



¿ESTÁS PREOCUPADO DE QUE
TU COMPAÑÍA DE TELÉFONO TENGA
COPIAS DE TU BÚSQUEDA O
MENSAJES SOBRE TU ABORTO?



DESACTIVA TU ID
MÓVIL DE PUBLICIDAD



USA TOR O UN SIN-REGISTROS
VPN PARA BUSCAR PRIVADAMENTE



USA FIREFOX FOCUS EN
VEZ DEL NAVEGADOR
PREDETERMINADO DE TU
TELÉFONO



USE UN CHAT ENCRYPTADO
DE FIN-A-FIN



¿ESTÁS PREOCUPADO DE QUE
ALGUIEN LEA TUS MENSAJES
O VEA TU HISTORIAL DE BÚSQUEDA?



¿ESTÁS PREOCUPADO SOBRE LOS
MANIFESTANTES AFUERA
DE LA CLÍNICA?

RECUERDA QUE SOLO TU SABES LO QUE
ES MEJOR PARA TU VIDA Y ESTE EMBARAZO.

LIMPIA TU HISTORIAL
DE BÚSQUEDA



USA UN PIN SEGURO EN
TODOS TUS DISPOSITIVOS



BUSCA EN UNA VENTANA
DE INCÓGNITO



TRAE LENTES DE SOL, CHAQUETA,
SOMBRERO, Y TU MASCARILLA.



¿QUIERES MÁS INFORMACIÓN?

VISITA [DIGITALDEFENSEFUND.ORG/PRIVACIDAD-DEL-ABORTO](https://digitaldefensefund.org/privacidad-del-aborto)

DIGITAL SECURITY FOR ABORTION & PREGNANCY PRIVACY

THE DIGITAL DEFENSE FUND X HAZEL MEAD

WANT TO AVOID ADVERTISEMENTS
RELATED TO PREGNANCY/ABORTION?



USE DUCKDUCKGO INSTEAD
OF GOOGLE TO SEARCH

TURN OFF LOCATION
SHARING ON YOUR
DEVICES



WORRIED ABOUT YOUR PHONE
COMPANY HAVING COPIES
OF YOUR BROWSING OR TEXTS
ABOUT YOUR ABORTION?



DISABLE YOUR
MOBILE AD ID



USE TOR OR A NO-LOGS VPN
TO BROWSE PRIVATELY



USE FIREFOX FOCUS
INSTEAD OF PHONE'S
DEFAULT BROWSER



USE END-TO-END
ENCRYPTED CHAT

WORRIED ABOUT SOMEONE READING
YOUR MESSAGES OR BROWSER HISTORY?



TURN ON DISAPPEARING
MESSAGES IN SECURE MESSAGING
APP LIKE SIGNAL



CLEAR BROWSING HISTORY



USE A STRONG PIN
ON YOUR DEVICES



BROWSE IN AN
INCognito WINDOW



WORRIED ABOUT PROTESTORS
OUTSIDE THE CLINIC?

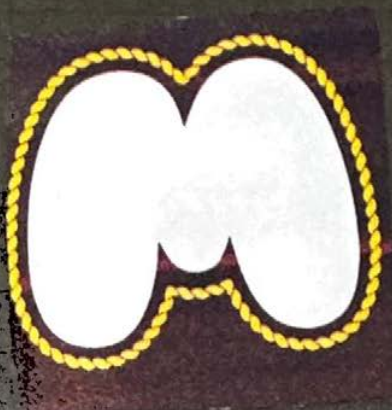
REMEMBER THAT ONLY YOU KNOW WHAT
IS BEST FOR YOUR LIFE AND THIS PREGNANCY



BRING SUNGLASSES,
A HOODIE/HAT
AND YOUR MASK



WANT MORE INFORMATION?
GO TO [DIGITALDEFENSEFUND.ORG/ABORTION-PRIVACY](https://digitaldefensefund.org/abortion-privacy)



MISSO

AND

MIFE

miso

causes
contractions

If someone needs
to go to a hospital after
taking it, they do NOT
need to disclose they
used MISO!

20
There is NO
blood test to show
it's in a person's
system.

Medical personnel
would treat the
symptoms the same
way they would treat a
miscarriage.

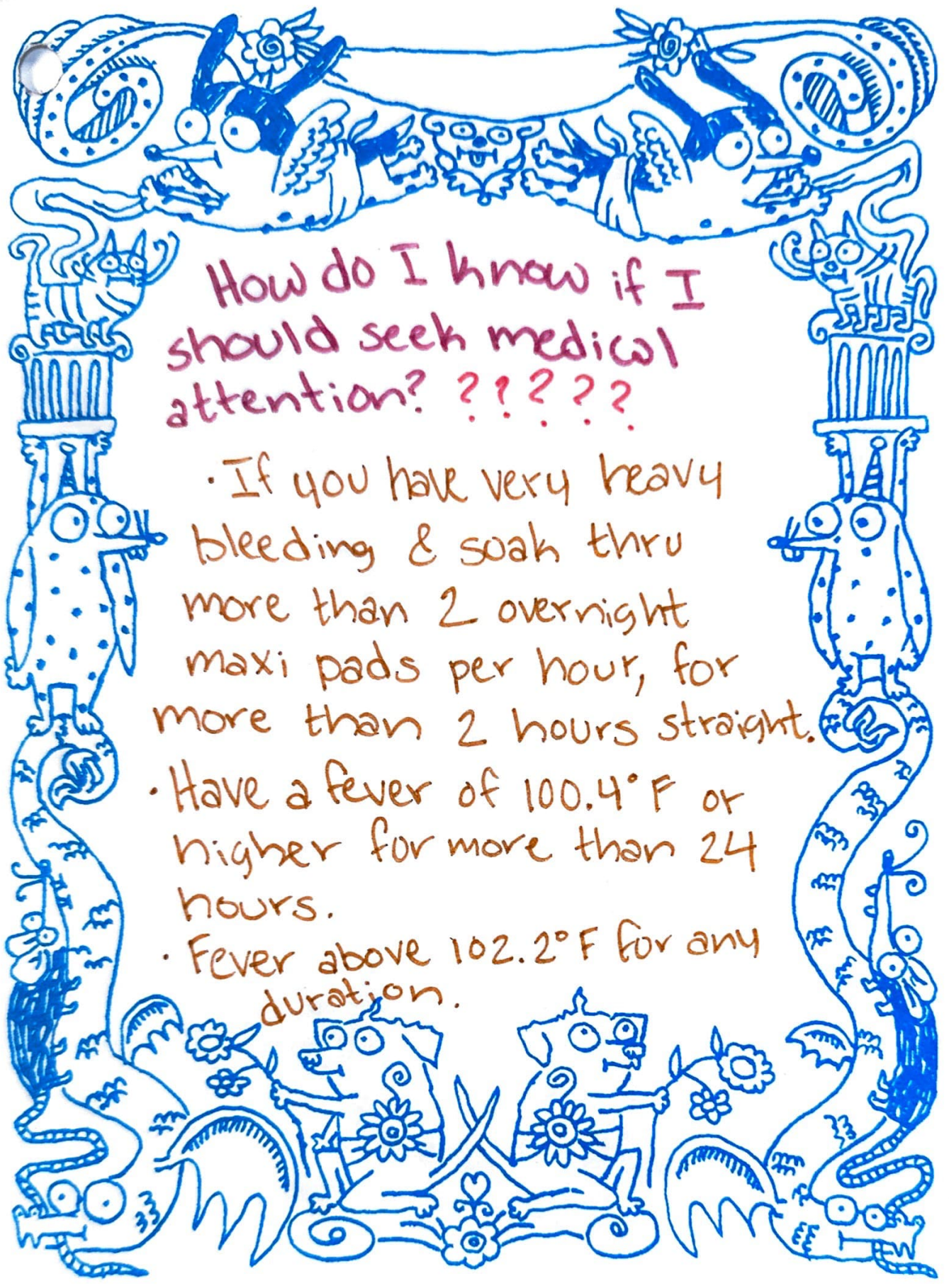
OCEANUS
THIOPICUS

What should I consider before taking abortion medication?

- If you have an IUD, it should be removed by taking the abortion med.
- An allergy to mifepristone
- History of ectopic pregnancy (such as anemia)
- Taking blood thinning medication (except Aspirin)

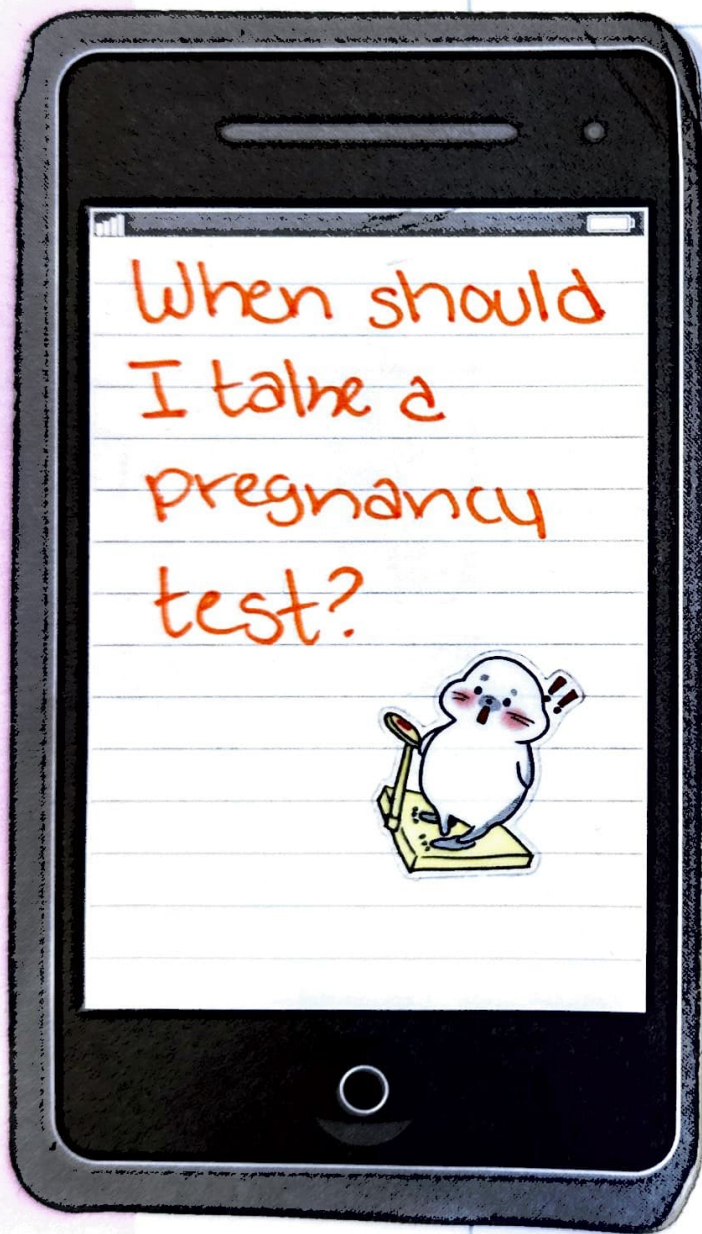
If any of these apply, it's important to take extra precautions & someone could even reach out to the M+A hotline for more info.





How do I know if I
should seek medical
attention? ????

- If you have very heavy bleeding & soak thru more than 2 overnight maxi pads per hour, for more than 2 hours straight.
- Have a fever of 100.4°F or higher for more than 24 hours.
- Fever above 102.2°F for any duration.



Pregnancy hormones in the body can result in a false positive if taken too soon. Wait 4-6 weeks after an abortion b4

taking a pregnancy test to make sure it's negative.



Encountering ICE in Public

1. Ask if u are free to leave. If so, calmly walk away. We know it can be scary.
2. You have the right to refuse consent to a search.
3. You have the right to remain silent. You do not need to discuss ur immigration status w anyone, such as where u were born or entered the country.



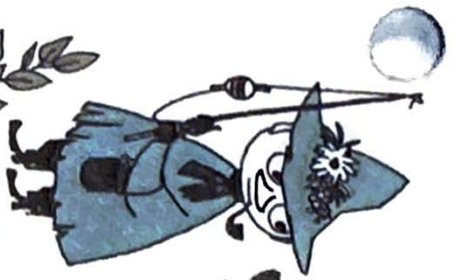
4. If u have valid immigration documents, u should show them. Never show fake ones.

5. If u are arrested, say that u wish to remain silent until speaking w a lawyer.



6. You have the right to record your interaction w immigration agents as long as you do not interfere.





Know Your Rights: ERs



• What to say when u get to the hospital after an abortion/miscarriage:

- * There's NO law that says u have to tell anyone about having an ab.
- * Staff will NOT know whether u had a medication abortion



• If u go to the hospital

& they refuse to give care:

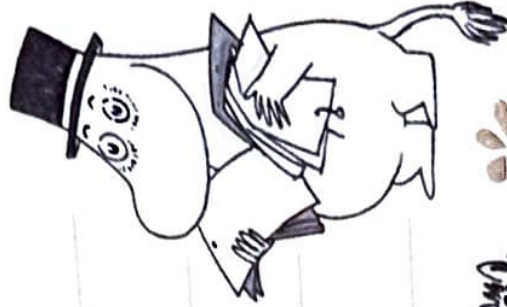
* Call the Repro Legal Helpline &

ask to speak w a lawyer

* Tell the lawyer u're being

denied care

8848682812





WHAT A LOAD OF RUBBISH

B { W A R {

c p c s

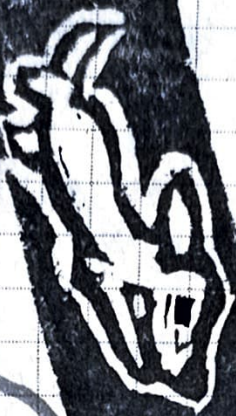
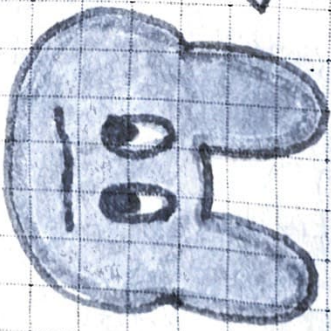
Aka

crisis pregnancy
centers

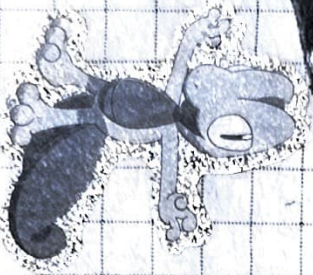


Bring a trusted friend
to the hospital. Advocating for
yourself alone is scary if you're
in pain.

What do I do
if the hospital
calls the cops?



DO NOT SPEAK TO THE
POLICE! CALL THE REPRO
LEGAL HELPLINE IMMEDI-
ATELY! They'll help you
out!



AKA ANTI-ABORTION CLINICS.

There's more than 200 of them
in TX! 7: C



They do not provide real medical services. They do not have to follow privacy laws.

Their goal is to prevent anyone from accessing an abortion through misinformation & deception.



All my homies hate
CPCS!





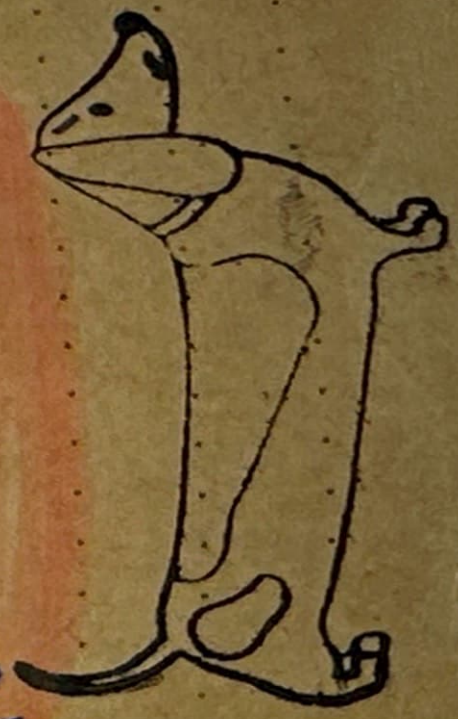
How to ID CPCs!

1. They do not clearly state what services they offer. Their objective is to get u in the door w free services to offer u mis-leading info about ab. If they use words like "choice" but can't clearly state over the phone whether they offer ab or not, they're likely a fake clinic.

2. They might have misleading names like "Women's Health Center" or "Pregnancy Resource Center."



Cats also have no
medical staff but
everyone wears scrubs
& labcoats to trick
people.



Thank you
for reading &
trusting



s t r j!

We love you, r g v!

